



A NEW MODEL FOR HOLISTIC SPORTING DEVELOPMENT

The Academy, which opened in 2011, is a unique and intensive approach to sporting development for cricket and soccer players aged 13 and over. Hosted at Waterstone College, one of the fastest growing schools in South Africa, the boys train twice a day – before school and in the afternoon/evening.

All coaches are qualified at the highest levels in their respective sports, and training encompasses sport-specific skills, sports psychology, fitness and strength sessions using the College's world class facilities.

With boys being selected for provincial and national teams already, and links with leading British football and cricket clubs established, the learners at the Sports Academy have the best possible opportunity to make a career of their chosen sport!

For more info:

www.waterstonecollege.co.za or call 011 943-2682

ACADEMY MEMBERS RECEIVE:

- Nutritionally balanced meals
- Expert coaching
- Use of a resident biokineticist
- Weekly sports psychology sessions
- Usage of a state-of-the-art gymnasium, multipurpose indoor sports hall and pilates studio, FIFA-rated fields and floodlights, turf and astro cricket nets with bowling machines and a heated pool
- At a high quality educational institution (100% IEB pass rate, 92% university entrance)
- As a boarder or day scholar - boarders live in purpose-built chalets, with 8 boys in each chalet, while day scholars arrive at 06h00 every morning for the first session

**OPEN DAY:
10 MARCH
2012**